

Double option menu

MONTH: May 2026

- Nombre del Colegio -

Monday

Tuesday

Wednesday

Thursday

Friday

1

FESTIVO

4

Pea cream with salad buffet or Gazpacho
Spanish omelette with courgette with vegetable stew
Fruit and bread

5

Organic vegetable cream soup (carrot, potato, leek, organic pumpkin, organic zucchini)
with salad buffet or Gazpacho
Mushroom fideuá with textured soybeans
Yoghurt and wholemeal bread

6

Lentil stew (eco.) with apple with salad buffet or Gazpacho
Haddock in sauce with vegetable stew
Fruit and bread

7

Whole wheat noodle soup with salad buffet or Gazpacho
Cannelloni in Aurora sauce with diced carrots and zucchini
Fruit and wholemeal bread

8

Cuban style rice with salad buffet or Gazpacho
Baked chicken drumsticks with diced carrots and zucchini
Fruit and bread

11

Vegetables cream with salad buffet or Gazpacho
Mixed paella (eco.) with sautéed vegetables
Fruit and bread

12

Vegetables cream (eco.) with salad buffet or Gazpacho
Scrambled eggs with ham, onions & cheese with sautéed broccoli
Yoghurt and wholemeal bread

13

Seafood fish and noodle soup with salad buffet or Gazpacho
Rosemary grilled chicken with roasted potatoes
Fruit and bread

14

Carrot cream with salad buffet or Gazpacho
Lentil stir-fry with hard-boiled egg, corn, and tomato sauce with vegetable stew
Fruit and bread

15

Chinese fried rice (eco.) with salad buffet or Gazpacho
Grilled haddock with mashed potatoes
Fruit and bread

18

Cream of zucchini with salad buffet or Gazpacho
Chicken & vegetables paella
Fruit and bread

19

Stewed lentils with salad buffet or Gazpacho
Ham and cheese scramble with sautéed zucchini
Yoghurt and wholemeal bread

20

Whole wheat macaroni with salad buffet or Gazpacho
Lemon chicken drumsticks with vegetable stew
Fruit and bread

21

Vegetables cream with legume with salad buffet or Gazpacho
Haddock in sauce with fried potato with onion
Fruit and wholemeal bread

22

- Pumpkin and carrot soup (eco) with salad buffet or Gazpacho
French omelette with rice salad with tomato and corn
Fruit and bread

25

Rice with tomato sauce (eco.) with salad buffet or Gazpacho
Hake meatballs with Sautéed vegetables
Fruit and bread

26

Puchero (chickpea) stew with salad buffet or Gazpacho
Chickpeas stewed with soy bolognese and vegetables with dressed broccoli
Yoghurt and wholemeal bread

27

Ecologic carrot cream with salad buffet or Gazpacho
Grilled chicken with sautéed corn
Fruit and bread

28

Vegetables lentils with salad buffet or Gazpacho
Turkey omelette with sautéed coliflower
Fruit and wholemeal bread

29

Tagliatelle with bolognese sauce with salad buffet or Gazpacho
- Fish in sauce with diced carrots and zucchini
Fruit and bread