

MONTH: September 2026 - Nombre del Colegio -				
Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7 Vegetables cream (eco.) with salad buffet Spanish omelette with AOVE with dressed broccoli Fruit and bread VE:2.824/676 GT:20 GS:3 CH:98 AZ:33 PROT:28 SAL:2	8 Vegetables lentils with salad buffet Vegetables pizza with vegetable and quinoa stew Yoghurt and wholemeal bread VE:4.073/974 GT:27 GS:10 CH:141 AZ:21 PROT:37 SAL:3	9 Brown rice with tomato sauce with salad buffet Chickpeas falafel with sautéed peas Fruit and bread VE:4.248/1.016 GT:17 GS:2 CH:182 AZ:39 PROT:38 SAL:2	10 Green beans with potatoes with salad buffet Vegetable wok with whole pasta Fruit and wholemeal bread VE:2.720/651 GT:7 GS:1 CH:110 AZ:34 PROT:30 SAL:2	11 Minestrone soup with salad buffet Grilled tofu with ratatouille Fruit and bread VE:2.600/622 GT:15 GS:2 CH:96 AZ:32 PROT:29 SAL:1
14 Pumpkin soup (eco.) with salad buffet French omelette with oven-roasted carrot and zucchini cubes Fruit and bread VE:2.968/710 GT:29 GS:5 CH:84 AZ:36 PROT:29 SAL:1	15 Braised beans with vegetables with salad buffet Vegan burger with cauliflower Yoghurt and wholemeal bread VE:3.253/778 GT:17 GS:5 CH:112 AZ:19 PROT:44 SAL:1	16 Pea cream with salad buffet - <i>Macarrones integrales con boloñesa vegana</i> with sauted corn Fruit and bread VE:2.945/705 GT:15 GS:3 CH:119 AZ:32 PROT:24 SAL:3	17 Sautéed minestrone with salad buffet Stuffed aubergine with quinoa and ratatouille with mashed potatoes Fruit and wholemeal bread VE:2.945/705 GT:15 GS:3 CH:119 AZ:32 PROT:24 SAL:3	18 Cream of tomato with salad buffet Vegetable paella with sautéed broccoli Fruit and bread VE:3.207/767 GT:21 GS:3 CH:120 AZ:48 PROT:25 SAL:2
21 Carrot cream with salad buffet Vegetables pie with cauliflower Fruit and bread VE:2.980/713 GT:19 GS:8 CH:108 AZ:40 PROT:27 SAL:2	22 Vegetables soup with salad buffet Vegetables cannelloni with vegetable stew Yoghurt and wholemeal bread VE:2.632/630 GT:25 GS:10 CH:86 AZ:18 PROT:30 SAL:3	23 Brown rice three delights with salad buffet Spring roll with ratatouille Fruit and bread VE:3.550/849 GT:24 GS:3 CH:130 AZ:49 PROT:31 SAL:1	24 Steamed broccoli with potatoes with salad buffet Vegetable wok with whole pasta Fruit and wholemeal bread VE:2.690/644 GT:8 GS:1 CH:107 AZ:33 PROT:32 SAL:2	25 Spinach cream with salad buffet Vegan burger with roasted potatoes Fruit and bread VE:3.124/747 GT:16 GS:2 CH:121 AZ:32 PROT:29 SAL:1
28 FESTIVO	29 FESTIVO	30 Braised lentils with brown rice with salad buffet Cheese omelette with refried cauliflower Fruit and bread VE:3.300/790 GT:18 GS:2 CH:124 AZ:30 PROT:33 SAL:2		