

Menu for children from 3 to 6 years

MENU PREPARED BY THE DEPARTMENT OF NUTRITION OF aramark

MONTH: January 2026

- Nombre del Colegio -

Monday	Tuesday	Wednesday	Thursday	Friday
			1 VACACIONES	2 VACACIONES
5 VACACIONES	6 VACACIONES	7 VACACIONES	8 Zucchini cream with salad buffet Homemade lasagna with vegetable stew Fruit and bread	9 Carrot cream with salad buffet Chicken burger with french fries Fruit and bread
12 Pumpkin soup with salad buffet Spanish omelette with AOVE with diced carrots and zucchini Fruit and bread	13 Puchero (chickpea) stew with salad buffet <i>Pollo al horno</i> with basmati rice Yoghurt and wholemeal bread	14 Noodle soup with salad buffet Loin in sauce with roasted potatoes Fruit and bread	15 Soup with ham & egg bits with salad buffet Turkey stew with vegetable stew Fruit and bread	16 Vegetables cream with salad buffet Macaroni bolognese with sautéed corn Vanilla crème caramel and bread
19 Stew soup with salad buffet Baked dab with mashed potatoes Fruit and bread	20 Vegetables lentils with salad buffet Breaded pork loin with sautéed broccoli Yoghurt and wholemeal bread	21 Spinach cream with salad buffet Baked chicken drumsticks with roasted potatoes Fruit and bread	22 JORNADA "ITALIA" Vegetables soup with salad buffet Roman pizza with sicilian caponata Panna Cotta and bread	23 Andalusian stew with mint with salad buffet Chicken & vegetables paella with vegetable stew Fruit and bread
26 Zucchini cream with salad buffet Meatballs with tomato sauce with sautéed broccoli Fruit and bread	27 Carrot cream with salad buffet Breaded hake with sautéed rice Yoghurt and wholemeal bread	28 Pumpkin soup with salad buffet Macaroni bolognese with sautéed vegetable stew (peas, carrot) Fruit and bread	29 Vegetables lentils with salad buffet Grilled tenderloin with roasted potatoes Fruit and bread	30 Soup with ham & egg bits with salad buffet Chicken strips with vegetables with steamed potatoes Fruit and bread