

## Secondary menu

MONTH: January 2026

- Nombre del Colegio -

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b>VACACIONES</b>	2 <b>VACACIONES</b>
5 <b>VACACIONES</b>	6 <b>VACACIONES</b>	7 <b>VACACIONES</b>	8 Zucchini cream with salad buffet Homemade lasagna with vegetable stew or Perch loin with tomato pil-pil Fruit and bread	9 Swiss chard stew with salad buffet Beef hamburguer with french fries or Grilled codfish with sautéed green beans Fruit and bread
12 Pumpkin soup with salad buffet Spanish omelette with AOVE with sautéed carrots & green beans or Grilled and baked hake with garlic & hot pepper gravy Fruit and bread	13 Puchero (chickpea) stew with salad buffet Chicken in curry sauce with basmati rice or Baked dab with sautéed broccoli Yoghurt and <b>wholemeal bread</b>	14 Bean and pumpkin stew with salad buffet Rib chop with roasted potatoes or Pickled perch with vegetable and quinoa stew Fruit and bread	15 Russian salad with salad buffet Turkey stew with vegetable stew or Baked breaded lemonade Fruit and bread	16 Vegetables cream with salad buffet Macaroni bolognese with sauted corn or Hake fillet in carrot sauce Vanilla crème caramel and bread
19 Pasta salad with salad buffet Homemade cooked breaded ham & cheese escalope with mashed potatoes or Baked dab with sautéed broccoli Fruit and bread	20 Vegetables lentils with salad buffet Breaded pork loin with sautéed broccoli or Andalusian style codfish with sautéed rice Yoghurt and <b>wholemeal bread</b>	21 Spinach cream with salad buffet Baked chicken drumsticks with roasted potatoes or Pickled perch Fruit and bread	22 <b>JORNADA "ITALIA"</b> Caprese salad with salad buffet Roman pizza with sicilian caponata Panna Cotta and bread	23 Andalusian stew with mint with salad buffet Chicken & vegetables paella with vegetable stew or Baked cod with vegetable stew Fruit and bread
26 Fideua (fine paella) with salad buffet Meatballs with tomato sauce with sautéed broccoli or Baked dab Fruit and bread	27 Carrot cream with salad buffet Chicken breast with sautéed rice or Breaded hake with vegetable stew Yoghurt and <b>wholemeal bread</b>	28 Pumpkin soup with salad buffet Macaroni bolognese with sautéed vegetable stew (peas, carrot) or Perch in green sauce Fruit and bread	29 Vegetables lentils with salad buffet Grilled tenderloin with roasted potatoes or Cod with tomato sauce with sautéed carrots & green beans Fruit and bread	30 Soup with ham & egg bits with salad buffet Beef stew with vegetable stew or Baked dab Fruit and bread